

Sample Weekly Plan for a Synchronous Seventh Grade Student

Synchronous students have a combination of both SYNC and ASYNC classes.

SYNC (Synchronous) - Students attend live classes in the virtual classroom with teacher and peers.

ASYNC (Asynchronous) - The Learning Coach chooses when the student completes each subject during the school day using the curriculum and online resources provided. Students do not attend daily live classes, however coursework is planned and supervised by their teacher.

Period/Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:10	Login to Blackboard				
1- 8:10-9:00	Math - live class				ASYNC Coursework (see below)
2- 9:10-10:00	Life Science - live class				English & Science Office Hours [^] (optional)
3- 10:10-11:00	ASYNC Coursework (see below)				Math & History Office Hours [^] (optional)
11:00-11:45	Lunch				
4- 11:50-12:40	World History - live class				ASYNC Coursework (see below)
5- 12:50-1:40	English Language Arts - live class				
6- 1:45-2:35	Applied Course* live class				
7- 2:40-3:10	ASYNC Coursework (see below)				

***Applied Course** - These courses are designed to provide students with ongoing support in math, English, science, and history and to increase the students' understanding of concepts and developing problem-solving skills. During the applied classes, teachers focus on and review concepts they taught in class

^Office Hours - Students can attend their teacher's office hours to review their academic progress, review assignments, or to receive additional academic support.

ASYNC and Guided Coursework

Coursework is planned and supervised by the teacher. The Learning Coach chooses when the student completes each subject during the school day using the curriculum and resources provided.

The following subjects are completed by middle school students:

