

## Sample Weekly Plan for a Synchronous First Grade Student

Synchronous students have a combination of both SYNC and ASYNC classes.

**SYNC (Synchronous)** - Certified teachers instruct students in a live online class setting Monday through Thursday.

**ASync (Asynchronous)** - Coursework is planned and supervised by a certified teacher. The Learning Coach implements the teacher's plan using the provided curriculum & online resources to instruct their child(ren) on a daily basis. While class instruction is highly suggested to be completed during daylight hours, there is flexibility for the Learning Coach to choose when each subject is completed.

Period/Time	Monday	Tuesday	Wednesday	Thursday	Friday	
8:00-8:10	Login to Blackboard					
1- 8:10-9:55	English Language Arts (ELA) live class / Guided Coursework			ASync Course work as assigned by teacher-potential lessons include:  ELA Math Science History Art Music Physical Ed/Health		
2- 10:05-11:00	Math - live class					
11:00-11:45	Lunch					
3- 11:50-12:45	ASync Coursework as assigned by teacher					
4- 12:55-1:25	Science - live class	History - live class	BOOST^ live class			
5- 1:30-2:25	LAB* live class / Guided Coursework					
6- 2:25-3:00	ASync Coursework as assigned by teacher					

\*LAB - Teachers use this time to help students fill gaps, reinforce skills, or enrich students with Math and/or Reading lessons. At times, this time may also be used for writing and/or to complete screenings. At times, LAB time groups are smaller groups & may be based upon specific skills that multiple students may need further direction or understanding.

^BOOST (Building On Our Skills Together) - Teachers use this time for fun, "hands-on" educational purposes that provide students with discovery-based learning, interactive learning activities, assemblies, science labs, project-based learning, or other types of activities where students may use skills, knowledge, & content gained from other course instruction as background knowledge.

### ASync and Guided Coursework

Coursework is planned and supervised by the teacher. Students use this time to complete assignments which may include work in workbooks, academic software and e-learning programs, offline projects, writing practice, and more.

The following subjects are completed by elementary school students:



Science



History



Math



English Language Arts



Music



Art



Physical Education/Health